FACULTY OF SCIENCE

SYLLABI

FOR

COSMETOLOGY

ADD-ON COURSE

EXAMINATIONS 2015

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ADD ON COURSE IN COSMETOLOGY

CERTIFICATE COURSE

Instructions for examiner: The question paper will have four sections. Examiner will set a total of nine questions comprising of two questions from each unit and one compulsory question of short answer type covering the whole syllabus. Students will attempt one question from each unit and the compulsory question. All questions may carry equal marks unless specified.

3 Hrs PER WEEK TIME:3HOURS

MAXIMUM MARKS:60

PAPER:A SKIN CARE

UNIT-I

1. Cosmetology: Definition of cosmetology, cosmetologist, types in cosmetology, scope in cosmetology in India and Abroad.

2. Professional Ethics: At reception of salon, with employees, with fellow co-workers, with employers.

UNIT-II

3. The Skin Structure: Study of the anatomy of skin, functions of skin, types of skin and its care, pH factor of skin.

4. Facials: The importance of facials, types of facial according to skin types and its benefits.

UNIT-III

5. DAILY SKIN CARE REGIME: Need for cleansing, toning, moisturising, role of cleansing, toning and moisturising, preparation of organic cleansers, toners and moisturising.

6. EMOLLIENTS AND SCRUBS: The purpose of emollients and scrubs, difference between emollients and creams. Types of emollients, scrubs and creams.

UNIT-IV

7. NAIL CARE: Its structure, care of nail, shapes of the nail.
8. MANICURE AND PEDICURE: Meaning of manicure and pedicure, types in manicure and pedicure, procedure followed in manicure, procedure followed in pedicure, Contraindication and precautions taken while doing manicure and pedicure.

PAPER:B

Instructions for examiner: The question paper will have four sections. Examiner will set a total of nine questions comprising of two questions from each unit and one compulsory question of short answer type covering the whole syllabus. Students will attempt one question from each unit and the compulsory question. All questions may carry equal marks unless specified.

3 Hrs PER WEEK TIME: 3 HOURS

MAXIMUM MARKS: 60

UNIT-I

1. HAIR TRICHOLOGY: Structure of Hair, Stages of Hair growth, factors affecting hair growth, density of hair, types of texture in hair.

2. PROBLEMS OF HAIR: dandruff, falling hair, split ends premature greying of hair etc. and the types of treatments for various hair problems and the procedure followed. Preparation of organic products for treatments of hair. (b) Diseases of Scalp: psoriasis, eczema etc. and their treatments. Preparation of organic products to cure these diseases.

UNIT-II

3. SHAMPOOS: Types of shampoos, composition of shampoos, effect of shampoos on hair and scalp, process of shampooing and rinsing and draping of the client. pH factor of shampoos

4. HAIR CONDITIONERS: Function of conditioners, its uses, types of conditioners, difference between mask and conditioner., their compositions pH factor of conditioner.

UNIT-III

5. FOOD AND NUTRITION: Definition of food, its functions, elementary knowledge of different food groups and their functions, concept of balanced diet, role of nutrition in beauty care.

6. OBESITY AND MALNUTRITION: Definitions of obesity and malnutrition, their types, their causes, the remedial diet plans in case of obesity and malnutrition.

UNIT-IV
7. MAKE UP: THEORY of makeup, tools used in makeup and their care, base application, eye makeup application, and application of lipstick.

8. SUPERFLOUS HAIR: Meaning, Its Types, Methods of removal of superfluous hair.

PRACTICAL

6 Hrs PER WEEK                TIME: 3 HOURS

MAXIMUM MARKS: 80

1. FACIALS; cleansing facial, gold facial, vegetable peel facial.
2. Basic manicure
3. Basic pedicure
4. Waxing and threading
5. Henna application on hands and hair
6. Basic hair styles
7. Basic hair cuts; single layering
8. Makeup; day make up (office), day makeup party, evening party makeup.
ADD ON COURSE IN COSMETOLOGY
DIPLOMA COURSE

PAPER A:

Instructions for examiner: The question paper will have four sections. Examiner will set a total of nine questions comprising of two questions from each unit and one compulsory question of short answer type covering the whole syllabus. Students will attempt one question from each unit and the compulsory question. All questions may carry equal marks unless specified.

3 Hrs PER WEEK TIME: 3 HOURS
MAXIMUM MARKS:60

UNIT-I

1. Problems of skin from the view point of a cosmetologist in brief:
   Sun burn, black heads, white heads, acne, chloasma, lentigo, vitiligo, dark under eye circles, moles and warts, herpes, premature wrinkles,
   Their causes and their remedies.

2. Diseases of Nail; a brief description from cosmetologist ‘view point

UNIT-II

3. Electrology:
   Purpose of electrology.
   Different appliances used in cosmetology; vibrators, hi frequency, galvanic, etc.
   Their functions.

4. Therapies in field of beauticare:
   Silicon therapy, fibrant, chemical peeling, heparin theory, magnet theory, color therapy, aroma therapy.

UNIT-III

5. Theory of treatment facials, its procedure, its benefits
i. Anti pigmentation

ii. Detan facial.

iii. Herbal paraffin wax

iv. Skin tightening

v. Acne Derm Facial.

6. Theory of Massage.
   Its purpose of massage, types of massage, manipulations used in massage, physiological effects of massage.

   **UNIT-IV**


8. Cosmetic Chemistry; nail polish, nail polish remover, astringent, toner, talcum powder, ointment.
Paper-B

Instructions for examiner: The question paper will have four sections. Examiner will set a total of nine questions comprising of two questions from each unit and one compulsory question of short answer type covering the whole syllabus. Students will attempt one question from each unit and the compulsory question. All questions may carry equal marks unless specified.

3Hrs PER WEEK

TIME: 3HOURS

MAXIMUM MARKS: 60

UNIT-I

1. PROFESSIONAL IMAGE: definition of personality, qualities of effective physical presentation, qualities of communication.

2. Decontamination and infection control: importance of decontamination, difference between sanitation, disinfection and sterilisation. Safe disinfection of products, disinfectants and equipment of salons.

UNIT-II

3. DRAPING Services: for wet hair, for chemical services, for dry hair services.

4. Basics of hair cutting. Terms related to hair cutting, tools for hair cutting, geometry in hair cutting, sectioning.

UNIT-III

5. Perming: the method used, contraindications and precautions to be taken. Disadvantages of perming, common terms used in perming; spiral wrapping, croquignole wrapping, cold wave, partial perm, over processing etc.

6. Hair straightening: the method used, contraindications, precautions to be taken, common terms used in straightening.

UNIT-IV

7. Yoga and Meditation: meaning of yoga and meditation, its importance and benefits.

8. Theory of Advance Makeup: engagement makeup, bridal makeup (day), bridal makeup (evening), reception make up, groom makeup.
Practical

6 Hrs PER WEEK TIME: 3HOURS

MAXIMUM MARKS: 80

PRACTICAL:

1. FACIALS skin treatments: thermoherb, anti pigmentation, acnederm, anti wrinkle, skin tightening.
2. Hair cuts: different types of layering cuts, flicks etc.
3. Makeup: engagement makeup, groom makeup, bridal makeup, reception makeup
4. Herbal face packs and scrubs, hair oils, toners etc.
5. Roller settings.
6. Art of switch making.
7. Hair perming techniques.
8. Straightening.
9. Simple yoga techniques.
ADVANCE DIPLOMA IN COSMETOLOGY

PAPER :A

Instructions for examiner: The question paper will have four sections. Examiner will set a total of nine questions comprising of two questions from each unit and one compulsory question of short answer type covering the whole syllabus. Students will attempt one question from each unit and the compulsory question. All questions may carry equal marks unless specified.

3 Hrs PER WEEK TIME: 3HOURS

MAXIMUM MARKS: 60

UNIT-I

1. Elementry know how of various SYSTEMS OF THE HUMAN BODY: nervous system, muscular system, circulatory system, excretory system, respiratory system, digestive system, skeletal system, endocrine system

2. Brief knowledge to Bacteriology; definition, types of bacteria, common bacterial infections, other infectious agents.

UNIT-II

3. AROMA THERAPY; Meaning of aroma therapy, introduction to aroma oils, benefits and procedure of aroma therapy.

4. Brief introduction of Herbs and their remedial properties: tuisi, mint, neem, ashavgandha, aloe vera, amla, ritha nut, saunf, ajwain etc.

UNIT-III

5. SPA; History, Meaning of spa, benefits of spa, types of spa and various methods of spa

6. Brief introduction of Aerobics, its importance and some basic techniques used for weight reduction.

UNIT-IV

7. ACCUPRESSURE: Meaning, its benefits, important acupressure points, method of giving acupressure treatment.

8. Panchkarma: meaning, importance and benefits, various methods employed in panchkarma.
Paper-B

**Instructions for examiner:** The question paper will have four sections. Examiner will set a total of nine questions comprising of two questions from each unit and one compulsory question of short answer type covering the whole syllabus. Students will attempt one question from each unit and the compulsory question. All questions may carry equal marks unless specified.

**3 Hrs PER WEEK**

TIME:3HOURS

MAXIMUM MARKS:60

**UNIT-I**

1. Salon Management skills.

2. The Art of Hair Styling; important points considered in making a hair style, principles, balance between hair structure and face structure.

**UNIT-II**

3. Theory of Hair Color: reasons to color hair, factors influencing hair color, color wheel, types of hair color, technique of hair color application.

4. The art of hair lightening, types of lighteners, the decolorising process, lightening of virgin hair, retouching of colored hair.

**UNIT-III**

5. Hair Spas; need for hair spa, types of hair spas, benefits of hair spa, various procedure followed in hair treatments, electrical gadgets used in hair spa.

6. Theory of Corrective Makeup, stagemakeup, TV make up, portfolio makeup.

**UNIT-IV**

7. Nail Extension; nail tips, nail wraps, acrylic nails, procedures of applying them, preservice and post service procedures.

PRACTICAL

6 Hrs PER WEEK TIME: 3HOURS

MAXIMUM MARKS: 80

1. Facial; aroma facial, Thermoherb, chocolate facial, square wave treatment.
2. Advanced hair cuts.
3. Advanced hair switch
4. Art of hair coloring
5. Art of Hair Rebonding
6. Hair spa
7. Body spa
8. Corrective makeup
9. Saree and chuni styling
10. Art of artificial nail extension.

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